

National Council for Behavioral Health *Youth SBIRT Learning Collaborative for Primary Care Associations*

REQUEST FOR APPLICATIONS

Summary

Substance use among youth in the U.S. has risen steadily over the past twenty years and the problem has worsened due to COVID-19. Health care providers play an especially important role in reversing this trend. This six-month program provides primary care associations (PCAs) with the tools, training, and technical assistance to support their members in implementing youth Screening, Brief Intervention, and Referral to Treatment (YSBIRT). YSBIRT is a comprehensive, evidence-based, early intervention to prevent and reduce risky substance use among adolescents ages 12 to 21.

This program is sponsored by the Conrad N. Hilton Foundation and is offered at no cost to participants. PCAs will receive an honorarium of \$2,000 to allocate at their own discretion (half upon completion of the first session and the remainder upon completion of the last session).

What will I gain by attending?

PCAs are uniquely positioned as leaders in practice innovation by serving as conduits for sharing information on evidence-based interventions with their members, advocating and supporting quality improvement and facilitating community partnerships. The *YSBIRT for PCAs Learning Collaborative* offers PCAs an opportunity to learn how to support their members in implementing YSBIRT.

The program provides training to PCAs and a subset of their community health center members who will implement YSBIRT at their sites. The curriculum is based on the FaCES adolescent SBIRT [change package](#), an evidence-based, field-tested, and standardized implementation guide for primary care practices. It comprises 11 operational and clinical change concepts that combine high-level implementation guidance with the key steps needed for effective practice transformation.

Participants will receive:

- Comprehensive training to enhance YSBIRT education and readiness to support implementation within primary care
- Individualized coaching calls on YSBIRT clinical and operational considerations including leadership and staff engagement, integrated care teams, and quality improvement and sustainability)
- Access to national experts in YSBIRT
- Peer-to-peer learning opportunities
- An evidence-based implementation guide for YSBIRT in primary care settings
- Additional resources for YSBIRT implementation, sustainability, and quality improvement
- An opportunity to participate in and present at future learning collaboratives and conferences

What are the requirements for participation?

Applying associations need to identify a Core Implementation Team of **up to ten (10) individuals** to participate in all program events. The Implementation Team must include:

- **Up to four (4) PCA staff**, including those who liaise with members and provide services, as well as those who serve in a PCA organizational leadership role.
- **Minimum two (2) community health center member sites** (hereafter referred to as health centers) committed to participating in the program. Each health center needs to identify **three (3) staff** to join the Core Implementation Team, including an administrator, a medical provider champion, and a behavioral health champion.

Required PCA activities include:

- Attend live sessions
- Participate in group calls
- Complete an organizational self-assessment (baseline and final)
- Develop a YSBIRT action plan
- Support the implementation of YSBIRT with member organizations
- Share YSBIRT resources and training opportunities with members
- Demonstrate executive leadership sponsorship and support via submission of a letter of support from the CEO/executive director

Required health center activities include:

- Attend live sessions
- Complete an organizational self-assessment (baseline and final)
- Develop a YSBIRT action plan
- Implement YSBIRT and share lessons learned with PCA

When does the learning collaborative occur?

The Learning Collaborative will launch in mid-June 2021 and conclude in November 2021.

Sample Schedule*

Session Content	Date
PCA Group Call 1: PCA Welcome (60 minutes) – PCAs only <i>Purpose: Welcome call for PCAs only.</i>	June 15, 2021 12-1pm EST
Session 1: Kickoff (90 minutes) – PCAs and Health Centers <i>Purpose: Introduce cohort and orient participants to YSBIRT, the Learning Collaborative, and nationally recognized YSBIRT experts.</i>	July 7, 2021 12-1:30pm EST
Session 2: YSBIRT Implementation Guide (3 hours) – PCAs and Health Centers <i>Purpose: Overview of YSBIRT Implementation Guide and its clinical and operational change concepts. Discuss current PCA activities and health center services that align.</i>	July 28, 2021 12-3pm EST
Session 3: Work Planning and Continuous Quality Improvement (2 hours – last hour with PCAs only) <i>Purpose: Develop a six-month measurable action plan. Overview of tools and resources for data collection and continuous quality improvement.</i>	August 24, 2021 12-2pm EST
Individual Coaching: individual coaching session for PCA’s to get assistance with action plan development or deeper dive into YSBIRT implementation strategies to support members.	August/September 2021

Session 4: Health Center Action Plan – PCAs and Health Centers (90 minutes) <i>Purpose: Learn from a health center that has implemented YSBIRT and get peer feedback on member-developed action plan.</i>	September 14, 2021 12-1:30pm EST
PCA Group Call 2: Continuous Quality Improvement and Member Collaboration (60 minutes) – PCAs only	October 6, 2021 12-1pm EST
Session 5: PCA Action Plan – PCAs (90 minutes) <i>Purpose: Get PCA peer feedback on PCA-developed action plan on how to support members going forward.</i>	October 27, 2021 12-1:30pm EST
Individual Coaching: PCAs and Health Centers may request an individual coaching session to troubleshoot implementation issues.	October/November 2021
Session 6: Peer Sharing/Report Outs – PCAs and Health Centers (90 minutes – last 30 is PCAs only) <i>Purpose: Foster peer-to-peer learning, identify next steps for spread and sustainability, and program wrap-up.</i>	November 16, 2021 12-1:30pm EST

*Scheduled dates listed above may be subject to change.

How do I join the live sessions? (Do I need any special equipment?)

Learning collaborative sessions are held virtually using Zoom Video Conferencing. Access is available on any computer with an internet connection, phone (audio only), and smartphone.

How do I apply?

[Submit an application](#) by 11:59 p.m. ET on May 14, 2021 to be considered for enrollment. We will notify all applicants of enrollment decisions by Friday, May 7, 2021.

Thank you for your interest! Please contact us at ysbirt@thenationalcouncil.org if you have any questions.